



**Giving you the
treatments you deserve**

book online at
www.novyhealthandbeauty.co.uk

Telephone: 07889 744348

holistic & complementary therapies

Reiki - £30.00

The Japanese art of spiritual healing. Fantastic anti-stress technique which accelerates the natural healing process by harmonising the bodies energies.

Aromatherapy

Incorporating natural, pure essential oils with massage. Blended for you to suit your individual needs to enhance well being, restore balance and treat a variety of conditions.

Full Body Aromatherapy Massage - £48.00

Aromatherapy Back Massage - £27.00

Aroma Back Massage & 1/2 hour Reflexology - £38.00

Indian Head Massage - £23.00

Massage of upper back, shoulders, arms, neck, head and face. Excellent for the relief of stress and to reduce tension.

Hot Stone Therapy

Body massage with heated basalt stones of varying sizes which create a sensation of warmth, comfort and deep relaxation.

Full Body Hot Stone Massage - £56.00

Hot Stone Back Massage - £32.00

Hopi Ear Candling - £23.00

A gentle, natural, relaxing treatment which relieves sinus & breathing problems, sinusitis, rhinitis, glue ear, colds/flu, migraines and headaches and much more.

Reflexology - £30.00

A form of healing using massage and reflex points on the hands and feet to rid the body of toxins and restore its natural balance. Used to promote relaxation, maintain good health.

Aroma Back Massage & 1/2 hour Reflexology - £38.00

Lava Shell Warming Back Massage - £34.00

Enjoy the warm and deeply relaxing experience of a Lava Shell massage. Fantastic for soothing aches using a combination of sea kelp and minerals for a long lasting deep heat.

Why not add a mini facial to your treatment?

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BEAUTYLAB[®]

LONDON

skin care

BeautyLab London specialises in identifying, researching and pioneering products with beautiful ground-breaking ingredients to create formulations that actively re-educate the skin function, resulting in instant beauty with long term results.

Essential Facial - £35.00

HYDRATING • SMOOTHING • PROTECTING

Rich in plant collagen and Hawaiian sea algae this rejuvenating range provides deep hydration, protection from free radicals & UV damage and promotes collagen formation. Choose from Balancing, Calming or Hydrating.

Anti-Ageing Facial - £49.00

FIRMING • LIFTING • SMOOTHING

This advanced range is specifically formulated with exclusive peptides and highly active plant derived extracts to reduce the appearance of fine lines, leaving the skin radiant and rejuvenated helping skin look softer, smoother and younger, offering an alternative to cosmetic surgery.

Rejuvenating Eye Treatment - £30.00

A highly effective eye treatment, using targeted massage techniques and peptides to reduce dark circles, puffiness and deliver visible line softening.

Mini Facial - £17.00

Why not add a mini facial to your treatment?

body care by BeautyLab

Perfect for anyone who wants to sculpt and reshape with softer, smoother, firmer and healthier looking skin. A 'facial' for your back.

FIRMS • SCULPTS • DRAINS

Body care Treatment - £55.00

Incorporating a refreshing body exfoliation, stimulating thermal mask and targeted massage to improve circulation and the drainage of toxins

Philosophy of re-activating and re-educating the skin functions • Delivers both instant and long term effects • Produced in the UK • Only finest, purest and most refined ingredients used • Paraben Free • Strict ethical and environment policy • Against animal testing

advanced skin care

Microdermabrasion Facial - £40.00

A progressive rather than aggressive treatment this is a safe, controlled method of skin exfoliation. Using a diamond tipped wand and vacuum to remove dead skin cells. The aim is to reduce fine lines, minor scars, wrinkles and age spots to make your skin smoother and younger looking. Best results are achieved with a course of treatments.

Course of 4 - £125.00

Course of 6 - £175.00

Microneedling Facial

Microneedling is a dermaroller procedure that uses small needles to prick the skin. The purpose of treatment is to generate new collagen and skin tissue for smoother, firmer, more toned skin. Microneedling is mostly used on the face and may treat various scars, wrinkles, and large pores. The microneedle used will be given to you to continue the benefits by using at home.

Essential Microneedling Facial - £60.00

Anti-Ageing Microneedling Facial - £75.00

Glycolic Facial - £49.00

A unique resurfacing treatment for a softer, smoother and brighter complexion. Deeply cleansing formulas relieve congestion while targeting pigmentation, age spots and dullness.



hand & foot treatments

Jessica Manicure - **£18.00**

Nail Shape & Polish - **£14.00**

Geleration Manicure - **£25.00**

Geleration Manicure (including soak off) - **£30.00**

Pedicure - **£27.00**

Toe Shape & Polish - **£18.00**

Geleration Pedicure - **£33.00**

Geleration Pedicure Inc Soak Off - **£38.00**

waxing

Half Leg - **£16.00**

Full Leg - **£27.00**

Bikini - **£12.00**

Under Arm - **£12.00**

Upper Lip or Chin - from **£8.00**

Upper Lip & Chin - **£12.00**

Back from **£28.00**



eye enhancements

Skin Test is necessary 24 hrs prior to treatment

Brow

Threading from **£12.00**

Eyebrow Shape - **£11.00**

Eyebrow Tint - **£10.00**

Lash

Eyelash Tint - **£12.00**

Lash Lift - **£25.00**

make-up

Make-up - **£20.00**

Make-up Lesson - **£30.00**

With 10% off purchases on the day

Bridal make-up available.

Gift Vouchers Available