



# novy

health & beauty

Giving you the  
treatments you deserve

book online at  
[www.novyhealthandbeauty.co.uk](http://www.novyhealthandbeauty.co.uk)

Telephone: 07889 744348

# holistic & complementary therapies

## **Reiki - £30.00**

The Japanese art of spiritual healing. Fantastic anti-stress technique which accelerates the natural healing process by harmonising the bodies energies.

## **Aromatherapy**

Incorporating natural, pure essential oils with massage. Blended for you to suit your individual needs to enhance well being, restore balance and treat a variety of conditions.

### **Full Body Aromatherapy Massage - £46.00**

### **Aromatherapy Back Massage - £25.00**

### **Aroma Back Massage & 1/2 hour Reflexology - £36.00**

## **Indian Head Massage - £20.00**

Massage of upper back, shoulders, arms, neck, head and face. Excellent for the relief of stress and to reduce tension.

## **Hot Stone Therapy**

Body massage with heated basalt stones of varying sizes which create a sensation of warmth, comfort and deep relaxation.

### **Full Body Hot Stone Massage - £52.00**

### **Hot Stone Back Massage - £29.00**

## **Hopi Ear Candling - £22.00**

A gentle, natural, relaxing treatment which relieves sinus & breathing problems, sinusitis, rhinitis, glue ear, colds/flu, migraines and headaches and much more.

## **Reflexology - £30.00**

A form of healing using massage and reflex points on the hands and feet to rid the body of toxins and restore its natural balance. Used to promote relaxation, maintain good health.

### **Aroma Back Massage & 1/2 hour Reflexology - £36.00**

## **Lava Shell Warming Back Massage - £30.00**

Enjoy the warm and deeply relaxing experience of a Lava Shell massage. Fantastic for soothing aches using a combination of sea kelp and minerals for a long lasting deep heat.

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# BEAUTYLAB<sup>®</sup>

L O N D O N

## skincare

BeautyLab London specialises in identifying, researching and pioneering products with beautiful ground-breaking ingredients to create formulations that actively re-educate the skin function, resulting in instant beauty with long term results.

### Essential Facial - £35.00

HYDRATING • SMOOTHING • PROTECTING

Rich in plant collagen and Hawaiian sea algae this rejuvenating range provides deep hydration, protection from free radicals & UV damage and promotes collagen formation. Choose from Balancing, Calming or Hydrating.

### Anti-Ageing Facial - £49.00

FIRMING • LIFTING • SMOOTHING

This advanced range is specifically formulated with exclusive peptides and highly active plant derived extracts to reduce the appearance of fine lines, leaving the skin radiant and rejuvenated helping skin look softer, smoother and younger, offering an alternative to cosmetic surgery.

### Rejuvenating Eye Treatment - £30.00

A highly effective eye treatment, using targeted massage techniques and peptides to reduce dark circles, puffiness and deliver visible line softening.

## bodycare by BeautyLab

Perfect for anyone who wants to sculpt and reshape with softer, smoother, firmer and healthier looking skin.

FIRMS • SCULPTS • DRAINS

### Full Bodycare Treatment - £55.00

Incorporating a refreshing full body exfoliation, stimulating thermal mask and targeted massage to improve circulation and the drainage of toxins

### Specific Bodycare Treatment - £40.00

For those short on time. Focus of Bodycare Treatment on your specific areas of concern.

Philosophy of re-activating and re-educating the skin functions • Delivers both instant and long term effects • Produced in the UK • Only finest, purest and most refined ingredients used • Paraben Free • Strict ethical and environment policy • Against animal testing



# hand & foot treatments

Jessica Manicure - **£16.00**

Nail Shape & Polish - **£10.00**

Geleration Manicure - **£23.00**

Geleration Manicure (including soak off) - **£28.00**

Nail Shape & Geleration Polish - **£16.00**

Soak off & Manicure - **£18.00**

Pedicure - **£25.00**

Toe Shape & Polish - **£17.00**

Geleration Pedicure - **£32.00**

Toe Shape & Geleration - **£22.00**

Minx - **£25.00**

Soak off Gell - from **£8.00**

## waxing

Half Leg - **£14.00**

Full Leg - **£25.00**

Full Leg & Bikini - **£32.00**

Bikini - **£10.00**

Under Arm - **£10.00**

Upper Lip or Chin - **£7.00**

Upper Lip & Chin - **£10.00**

Back from **£25.00**



## eye enhancements

Skin Test is necessary 24 hrs prior to treatment

### Brow

Threading from **£10.00**

Eyebrow Shape - **£10.00**

Eyebrow Tint - **£8.00**

### Lash

Eyelash Tint - **£10.00**

Lash Extensions - **£70.00**

Half Set Lash Extensions - **£40.00**

Maintenance from - **£25.00**

**Lash Perfect**  
PROFESSIONAL EYELASH EXTENSIONS

novy@live.co.uk

# body treatments

## make-up

The logo for 'Mi' is written in a stylized, cursive black font.

**Make-up - £20.00**

**Make-up Lesson - £30.00**

With 10% off purchases on the day

Bridal make-up available.







## spray tanning

**Full Body Spray Tan - £25.00**

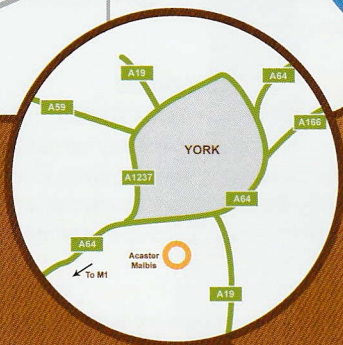
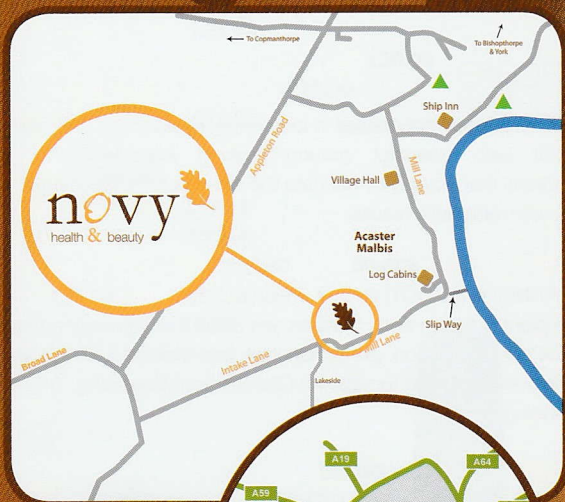
Gives you a natural colour, as subtle or dark as you like.

Fast acting.

kissed  
by 

-  Exfoliate & moisturise the night before your tanning appointment.
-  Do not shave or wax for at least 8 hours before your treatment.
-  Avoid wearing make-up, perfume or deodorant as this can affect the quality of your tan.
-  Wear loose fitting, dark clothing.
-  Dark coloured underwear is recommended.
-  Do not have hair treatments, lash or brow tints for at least 24 hours before or after your treatment.

Gift Vouchers Available



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**ONLINE BOOKING AVAILABLE**

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